



RESIDENTIAL COURSE ON ETHICS AND METRICS OF SUSTAINABLE HEALTH EQUITY

Valyter Ecovillage, Spain

Upcoming edition: 10-14 August 2026 (English)

ORGANIZED BY

- Sustainable Health Equity Movement (SHEM)
- Valyter Association

ACADEMIC INSTITUTIONS ACCREDITING THE COURSE

- Latin American School of Medicine (ELAM), Cuba
- Department of Doctoral studies on local development. Autonomous National University of Chiapas (UNACH), Mexico
- Global health and diplomacy observatory. Oswaldo Cruz Foundation (FIOCRUZ), Brazil

GENERAL PRESENTATION

The Residential and Online Course on Ethics and Metrics of Sustainable Health Equity constitutes an international, interdisciplinary, and transformative academic experience. The program integrates perspectives from public health, climate justice, applied ethics, social epidemiology, and sustainable territorial development.

The proposal combines face-to-face activities at the Valyter Ecovillage with international virtual sessions delivered by professors and researchers linked to the accrediting academic institutions. The course promotes South-South and North-South dialogue, the exchange of community experiences, and critical analysis of the structural determinants of health.

The methodological approach prioritizes collaborative learning, active participation, ethical reflection, and practical work in community and ecological contexts.



OBJECTIVES

- Deepen ethical, political, and scientific understanding of sustainable health equity.
- Analyze the relationships between social inequality, ecological crisis, and health systems.
- Explore participatory tools and indicators for measuring sustainable equity.
- Promote international exchange of territorial experiences.
- Strengthen capacities for the design of policies and territorial projects oriented toward social and environmental justice.
- Foster the construction of international networks for academic and community cooperation.

METHODOLOGY

The methodology combines academic seminars, participatory workshops, case studies, fieldwork, and community activities. Learning is developed through:

- Keynote sessions and international online debates.
- Participatory analysis of territorial experiences.
- Collective development of sustainable equity indicators.
- Practical work in agroecology, bioconstruction, and community sustainability.
- Circles of ethical reflection and planetary health.
- Academic mentoring and guidance.
- Presentation of territorial cases by participants.

The hybrid format allows both in-person and virtual participation, facilitating international exchange of knowledge and experiences.

IN-PERSON MODALITY

The residential course takes place at the Valyter Ecovillage through a participatory and experiential methodology based on community life, collaborative learning, and practical work in nature.

Participants may choose, depending on availability, full accommodation and meals, or only one daily meal if they have their own transport, camper van, or tent.



INDICATIVE SCHEDULE

- 07:30 – 08:30 Community vegetarian breakfast
- 08:30 – 10:30 Practical work in the garden, kitchen, or bioconstruction
- 11:00 – 12:30 Reflection and organization circle
- 14:00 – 16:00 Academic seminars and case analysis
- 16:30 – 18:30 Participatory workshops and group work
- 20:00 – 21:00 Community dinner

PARTICIPANTS

Designed for public health professionals, researchers, students, activists, and community leaders interested in ethics, sustainability, climate justice, and global health.

LOCATION AND ACCOMMODATION

- Valyter Ecovillage, northern Spain
- Shared rooms and camping areas
- Organic vegetarian meals

COST

- In-person modality with accommodation and meals: 200 Euros
- Modality without accommodation: 100 Euros

CERTIFICATION

Participants will receive an academic certificate jointly issued by SHEM, Valyter Ecovillage, ELAM, UNACH, and FIOCRUZ. The accrediting academic institutions will also participate online throughout the program.

ACADEMIC DIRECTOR

The professor and director of the course is Juan Garay, founder of Equality Valyter and co-president of the Sustainable Health Equity Movement (SHEM). Scholars from the accrediting institutions will take part online.

BIBLIOGRAPHY AND RESOURCES

The main bibliography and reference materials for the course are available at:
<https://www.valyter.es/curso-residencial-de-equidad-sostenible>
<https://www.valyter.es/libros-y-articulos>
<https://www.valyter.es/ultimas-noticias>

These materials include publications, territorial analyses, indicators, case studies, and resources on ethics, sustainability, climate justice, and health equity.



REGISTRATION

Please send a motivation letter, curriculum vitae, and brief description of a territorial case to: info@valyter.es or complete the form at <https://www.valyter.es/curso-residencial-de-equidad-sostenible>